



Spring

A Sign of Hope and the Joys of New Growth

**Some in our communities need our help to experience this.
This Spring let's help fill the cupboards in our community.**

MOST NEEDED ITEMS AT THE FOOD BANK

Brown beans in sauce, crackers, stew and chili, fruit juice, rice, canned corn, pasta sauce, toilet tissue, cereal, soup and peanut butter.

We will gladly accept extra garden produce.

**Donations can be brought to our office, or to the local grocery stores in
New Hamburg (No Frills and Sobeys).**

Note: If you plan to drop off a large food donation, please call ahead at 519-662-2731 to arrange a time. Drop off bins are also located in our front foyer and on the back ramp. These bins are checked regularly.

We are very thankful for our community's ongoing support!

Wilmot Family Resource Centre

175 Waterloo Street, Unit 1, New Hamburg, ON,
N3A 1S3 | 519-662-2731

Mon: 9 am - 4:30 pm, Tues: 9 am - 4:30 pm, Wed: 9 am - 4:30 pm

Thurs: 9 am - 4:30 pm, Fri: 9 am - 4:30 pm

Closed: Weekends and holidays

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